Impact of dose and route of administration on antibody responses of chickens inoculated with an inactivated avian influenza H5 vaccine

Abubakar Ojone Woziri *, Clement Adebajo Meseko 2, Faridah Ibrahim Nasir 3, Khadijat Abdulkarim 4, Folorunso Oludayo Fasina 5, Jibril Adamu 1, Paul Ayuba Abdu 6

1- Department of Veterinary Microbiology, Ahmadu Bello University, Zaria - Nigeria.
2- Animal Influenza Division, Infectious and Transboundary Animal Diseases, National Veterinary Research Institute, Vom - Nigeria.
3- Department of Veterinary Public Health and Preventive Medicine, Ahmadu Bello University, Zaria - Nigeria.
4- Department of Zoology, Ahmadu Bello University, Zaria - Nigeria.
5- Emergency Centre for Transboundary Animal Diseases-Food and Agriculture Organization of the United Nations (ECTAD-FAO), Dar es Salaam, Tanzania.
6- Department of Veterinary Medicine, Ahmadu Bello University, Zaria - Nigeria.

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Abstract

Background: The present study evaluated the influence of dose and route of administration of a commercial inactivated avian influenza virus (AIV) H5 vaccine on the humoral immune response of ISA brown chickens. Methods: Ninety “one-day-old” chickens were purchased from three commercial hatcheries (n = 30 chicks per hatchery), respectively, and chicks were vaccinated with either 0.2, 0.5 or 0.7 ml of the vaccine via either the intramuscular or subcutaneous route at days 14 and 28, respectively. Vaccinal antibody titres in chicks’ sera were quantified using an indirect ELISA kit at 14 (before vaccination), 21, 28, 35 and 42 days of age. Results: Results showed significant differences (p < 0.001) in the mean antibody titre levels at day 21 of age between chicks from hatcheries C (2,205.0 ± 409.1) and A (57.7 ± 49.9) at 21 days of age when either 0.2, 0.5 or 0.7 ml of the vaccine via either the intramuscular or subcutaneous route at days 14 and 28, respectively. Vaccinal antibody titres in chicks’ sera were quantified using an indirect ELISA kit at 14 (before vaccination), 21, 28, 35 and 42 days of age. Results showed significant differences (p < 0.001) in the mean antibody titre levels at day 21 of age between chicks from hatcheries C (2.205.0 ± 409.1) and A (57.7 ± 49.9) at 21 days of age when either 0.2 ml or 0.5 ml of the vaccine was administered IM or SC. In addition, there were intra- and inter dose significant differences (p < 0.001) between the chicks at 21, 28, 35 and 42 days of age. Furthermore, intra- and inter route significant differences (p < 0.001) were detected between the chicks at 21 and 35 days of age. Conclusion: Overall, the AIV H5 vaccine studied had variable outcomes and was poorly immunogenic. Recommendation: Further studies should be conducted to characterize the T- and B-lymphocytes in chickens post AIV H5 vaccine administration, and evaluate the sequence homologies between imported AIV H5 vaccines and circulating AIV strains in Nigeria.

Introduction

Avian influenza virus (AIV), a single-stranded, negative-sense RNA virus, is a member of the family Orthomyxoviridae, genus Orthomyxovirus, and diseases caused by type A influenza viruses (IAVs) are common among members of the order Anseriformes (ducks, geese and swans) [1-6]. However, many influenza A virus subtypes in wild birds may differ between species
and geographical locations, with great tendencies for evolution over time [3,7,8].

Avian influenza virus has gained global recognition as one of the major diseases of public health and economic importance. Avian influenza (AI) vaccines are often used in integrated control strategies to protect poultry against highly pathogenic avian influenza (HPAI) such as H5N1, as vaccination decrease disease prevalence and reduce viral shedding among infected poultry [9]. Likewise, vaccination against HPAI has shown decreased rates of environmental contamination, especially where enforcement of biosecurity is impracticable [9]. However, in spite of the fact that mucosal routes serve as portals of entry for AIVs into susceptible hosts, many of the AI vaccines approved for use in poultry are inactivated whole virus vaccines, delivered with water-in-oil emulsions [10] through parenteral routes, and requiring adjuvants for the induction of antigen-specific immune responses [11].

Currently, there are three types of AI vaccines that have been licensed or approved for use in poultry [12]; and between 2002 and 2010, over 113 billion doses of AI vaccines have been used in poultry as oil-emulsified inactivated whole AI vaccines (95.5%) and live vectored vaccines (4.5%) [13]. Most commercial vaccines rely on the generation of neutralizing antibodies against the antigenic protein – haemagglutinin (HA). However, the inability of neutralizing antibodies to cross-react with heterotypic viruses or even variant viruses of the same HA subtype limits the efficacy of such AI vaccines in providing the required protection against field infection [14,15].

Like in many developing countries, poultry production in Nigeria is an important income generating activity, contributing to the general economy through its linkage with other sectors [16]. However, in spite of the number of outbreaks of HPAI caused by H5N1 and H5N8 in the presence of various surveillance efforts in Nigeria, vaccination policies against AIVs have not gained government approval; hence, farm owners decide which vaccine to use, if any, in a bid to protect their investments. However, a study has shown that some of these AI vaccines, when used, could confer partial protection in targeted host species and thus lead to vaccine-induced escape mutants, which may either revert to virulence or adapt to new hosts [17]. Previous reports have also indicated that improper antigenic matching between vaccines and circulating viruses might reduce vaccine efficacy [18,19]. Studies in humans have shown that H5N1 viruses elicit a poor humoral immune response, providing low antibody titres that fade over a short period [20,21]. As most AI vaccines used for poultry globally are inactivated, current knowledge of immunity against AI is largely based on humoral immune responses [22]. The present study was therefore aimed at evaluating the influence of dose and route of administration of AI H5 inactivated vaccine on the humoral immune response of ISA brown chickens. This is expected to provide baseline data on humoral immune response of vaccinated birds against AIV in Nigeria.

Materials and Methods

Experimental animals

A total of 90 one-day-old ISA Brown chickens were purchased from three different commercial hatcheries A, B and C (n = 30 chicks per hatchery), respectively. The animals were housed in a hygienic environment at the Poultry Research facility of the Faculty of Veterinary Medicine, Ahmadu Bello University, Nigeria. All the chicks were wing-banded with alpha-numeric tags for ease of identification.

Vaccine

An inactivated oil-emulsion avian influenza H5 vaccine (AVIFLU® H5 – Izovac, Italy, containing H5N9 subtype antigen and recommended for use in chickens at a dose of either 0.25 or 0.5 ml administered either subcutaneously or intramuscularly) was used under natural field conditions.

Experimental design

Treatment groups

The chicks were divided on the day of purchase into three (3) groups of A, B and C (n = 30 per hatchery), respectively. All the chicks were wing-banded with alphanumeric ribbons for ease of identification, and housed in clean and hygienic elevated wire cages (10 chicks per 60 cm x 55 cm cell) in the Poultry Research Unit of the Veterinary Teaching Hospital, Ahmadu Bello University, Zaria – Nigeria. The chicks were acclimatised for 14 days prior to the commencement of the experiment. All chicks were granted access to water and a commercial broiler’s starter ration ad libitum throughout the duration of the experiment.

Treatment protocols

Chicks from Hatchery A: The chicks were subdivided into three subgroups of A1, A2 and A3
(n = 10 each) based on the dose of the AI H5 vaccine to be administered. Chicks in A1 were administered 0.2 ml of the vaccine via either the subcutaneous (at the nape of the neck) (n = 5) or intramuscular routes (in the breast muscles) (n = 5), respectively on days 14 and 28 of age. Chicks in A2 were administered 0.5 ml of the vaccine via either the subcutaneous (n = 5) or intramuscular routes (n = 5), respectively on days 14 and 28 of age. Chicks in A3 were administered 0.7 ml of the vaccine via either the subcutaneous (n = 5) or intramuscular routes (n = 5), respectively on days 14 and 28 of age. The 0.2 ml and 0.5 ml dose regimes were chosen on the basis of the manufacturer’s recommendation while the 0.7 ml dose regime was used to depict field scenario of possible over-dosing.

Chicks from Hatcheries B and C were treated similar to those from Hatchery A.

All the chicks were monitored daily for welfare, apparent clinical signs of infection and or adverse vaccine reaction.

**Collection of blood samples**

*Evaluation of the Humoral Immune Responses of Pullet Chicks to commercial Inactivated AI H5 vaccine*

Two (2) ml of blood was collected randomly via the brachial vein of 3 chicks in each subgroup (n = 3) using sterile 23G hypodermic needles and syringes on day 14 of age into plain vacutainers for serology. The tubes were kept standing at room temperature for 24 h for serum formation. Thereafter, serum from each tube was aspirated using sterile pipettes into another set of 1 ml labelled microcentrifuge tubes (Eppendorf®), and stored at -20 °C until assayed for serum ant-AIV antibodies. The sampling procedure was repeated on the birds at 21, 28, 35, and 42 days of age.

**Analyses of samples**

*Assessment of antibody response to Avian Influenza H5 inactivated vaccine*

A 96-well AIV enzyme-linked immunosorbent assay (ELISA) kit (ProFLOK®, Zoetis Inc., U.S.A) was used for the in vitro assessment of H5 vaccinal IgY in the sera of chickens according to the manufacturer’s instructions. The optical density (O.D) of each well on the plates were read at 450 nm wavelength using an ELISA reader (UNIEQUIP®) within 5 min of adding the stop solution. The OD values were then converted to antibody titres according to the manufacturer’s instructions.

**Data analyses**

All the antibody titres from this study were inputted into a computer (Hp® Pavilion dv6) and analyzed using GraphPad Prism statistical software version 5.3 (Graph Pad software, San Diego, California, USA). Data obtained were expressed as mean ± standard error of means (SEM) and a two-way analysis of variance (ANOVA) followed by a post-hoc test (Bonferroni posttest) was used to determine significant differences between variables among all the sampled chicks, and P-values less than 0.05 was considered statistically significant at 95% confidence interval (CI). All data were presented in tables using Microsoft® excel version 13.

**Results**

Results from this study showed that the varying doses of the inactivated AIV vaccine had significant effects on the antibody responses of the ISA Brown chicks from the three commercial hatcheries when the vaccine was administered via the intramuscular (IM) (Table 1) and subcutaneous (SC) (Table 2). Also, the 0.2 ml (Table 3) dose-regime had varied significant effects on the antibody responses of the chicks when the antigen was administered via either the IM or SC routes. However, the 0.5 ml (Table 4) and 0.7 ml (Table 5) dose-regimes had no significant difference in the antibody levels of the chicks when the vaccine was administered via either the IM or SC routes, respectively.
Table 1. Antibody responses of ISA brown pullets from three commercial hatcheries to different doses of avian influenza H5 inactivated vaccine administered at 14 and 28 days of age via the intramuscular route.

<table>
<thead>
<tr>
<th>Group of chicks</th>
<th>A1</th>
<th>B1</th>
<th>C1</th>
<th>A2</th>
<th>B2</th>
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<th>A3</th>
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<tr>
<td>Antibody titre (mean ± SEM)</td>
<td>293.7±53.9a</td>
<td>182.7±129.1a</td>
<td>354.0±354.0a</td>
<td>27.3±21.6a</td>
<td>69.3±16.6a</td>
<td>82.0±43.1a</td>
<td>89.0±65.2a</td>
<td>88.7±88.7a</td>
<td>203.0±191.1a</td>
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<tr>
<td>Antibody titre (mean ± SEM)</td>
<td>57.7±49.9a</td>
<td>260.7±124.8a</td>
<td>2,205.0±409.1a</td>
<td>776.7±420.0a</td>
<td>399.0±160.1ab</td>
<td>1,993.0±978.4abc</td>
<td>2,123.0±209.8abc</td>
<td>221.7±51.6abc</td>
<td>1,834.3±638.9abc</td>
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<tr>
<td>Antibody titre (mean ± SEM)</td>
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<td>0.0±0.0a</td>
<td>1,372.3±341.1ab</td>
<td>59.0±59.0a</td>
<td>84.0±51.3a</td>
<td>576.7±500.7d</td>
<td>47.0±44.0a</td>
<td>0.0±0.0b</td>
<td>703.0±352.0a</td>
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<td>Antibody titre (mean ± SEM)</td>
<td>968.7±268.2c</td>
<td>678.3±376.8c</td>
<td>2,083.8±101.7b</td>
<td>1,080.7±224.2a</td>
<td>642.0±341.1b</td>
<td>135.0±84.5b</td>
<td>566.3±351.8b</td>
<td>970.0±486.2a</td>
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<td>Antibody titre (mean ± SEM)</td>
<td>288.3±257.1a</td>
<td>4.0±4.0a</td>
<td>932.3±550.3a</td>
<td>1,327.3±199.3ab</td>
<td>775.3±399.8a</td>
<td>1,822.3±176.7ab</td>
<td>66.7±20.4a</td>
<td>2.7±2.7a</td>
<td>687.0±393.5a</td>
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Mean ± SEM values in the same row with multiple superscripts are statistically significantly different at p < 0.05 according to Bonferroni Posthoc test.

Mean ± SEM values in the same row with the same and or single superscript are NOT statistically significantly different at p > 0.05 according to Bonferroni Posthoc test.

Key: A1, B1, C1 = Chicks administered 0.2 ml; A2, B2, C2 = Chicks administered 0.5 ml; A3, B3, C3 = Chicks administered 0.7 ml; SEM = Standard error of mean.

Table 2. Antibody responses of ISA brown pullets from three commercial hatcheries to different doses of avian influenza H5 inactivated vaccine administered at 14 and 28 days of age via the subcutaneous route.

<table>
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<tr>
<th>Group of chicks</th>
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<th>B1</th>
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Key: A1, B1, C1 = Chicks administered 0.2 ml; A2, B2, C2 = Chicks administered 0.5 ml; A3, B3, C3 = Chicks administered 0.7 ml; SEM = Standard error of mean.
Table 3. Antibody responses of ISA brown pullets from three commercial hatcheries to 0.2 ml dose-regime of inactivated avian influenza H5 vaccine administered at 14 and 28 days of age via either intramuscular or subcutaneous routes.

<table>
<thead>
<tr>
<th>Source of Chicks</th>
<th>Hatchery A</th>
<th>Hatchery B</th>
<th>Hatchery C</th>
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<td>Subcutaneous</td>
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<td>Antibody titre (mean ± SEM)</td>
<td>Antibody titre (mean ± SEM)</td>
<td>Antibody titre (mean ± SEM)</td>
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<td>293.7 ± 53.9&lt;sup&gt;a&lt;/sup&gt;</td>
<td>293.7 ± 53.9&lt;sup&gt;a&lt;/sup&gt;</td>
<td>182.7 ± 129.1&lt;sup&gt;a&lt;/sup&gt;</td>
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<tr>
<td>21</td>
<td>57.7 ± 49.9&lt;sup&gt;ef&lt;/sup&gt;</td>
<td>53.3 ± 36.0&lt;sup&gt;ef&lt;/sup&gt;</td>
<td>260.7 ± 124.8&lt;sup&gt;ef&lt;/sup&gt;</td>
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<tr>
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<td>0.0 ± 0.0&lt;sup&gt;c&lt;/sup&gt;</td>
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<td>1,271.0 ± 163.7&lt;sup&gt;a&lt;/sup&gt;</td>
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<td>288.3 ± 257.1&lt;sup&gt;a&lt;/sup&gt;</td>
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<td>4.0 ± 4.0&lt;sup&gt;a&lt;/sup&gt;</td>
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Key: SEM= Standard error of mean

Table 4. Effects of 0.5 ml of avian influenza H5 vaccine administered at 14 and 28 days of age via either intramuscular or subcutaneous routes.

<table>
<thead>
<tr>
<th>Source of Chicks</th>
<th>Hatchery A</th>
<th>Hatchery B</th>
<th>Hatchery C</th>
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<tbody>
<tr>
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<td>Intramuscular</td>
<td>Subcutaneous</td>
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<td>Age (days)</td>
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<td>27.3 ± 21.6&lt;sup&gt;a&lt;/sup&gt;</td>
<td>69.3 ± 16.6&lt;sup&gt;a&lt;/sup&gt;</td>
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<td>776.7 ± 420.0&lt;sup&gt;a&lt;/sup&gt;</td>
<td>469.3 ± 444.1&lt;sup&gt;bf&lt;/sup&gt;</td>
<td>399.0 ± 160.1&lt;sup&gt;a&lt;/sup&gt;</td>
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<td>170.0 ± 167.0&lt;sup&gt;b&lt;/sup&gt;</td>
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Key: SEM= Standard error of mean
Table 5. Antibody responses of ISA brown pullets from three commercial hatcheries to 0.7 ml dose-regime of inactivated avian influenza H5 vaccine administered at 14 and 28 days of age via either intramuscular or subcutaneous routes.

<table>
<thead>
<tr>
<th>Source of Chicks</th>
<th>Hatchery A</th>
<th>Hatchery B</th>
<th>Hatchery C</th>
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<td>Age (days)</td>
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<tr>
<td>21</td>
<td>212.3 ± 209.8a</td>
<td>881.0 ± 215.4b</td>
<td>221.7 ± 51.6c</td>
</tr>
<tr>
<td>28</td>
<td>47.0 ± 44.0b</td>
<td>182.7 ± 115.7b</td>
<td>0.0 ± 0.0a</td>
</tr>
<tr>
<td>35</td>
<td>566.3 ± 351.8a</td>
<td>968.7 ± 488.2a</td>
<td>970.0 ± 486.2a</td>
</tr>
<tr>
<td>42</td>
<td>66.7 ± 20.4a</td>
<td>1,149.3 ± 29.7abc</td>
<td>2.7 ± 2.7c</td>
</tr>
</tbody>
</table>

Mean ± SEM values in the same row with multiple superscripts are statistically significantly different at p < 0.05 according to Bonferroni Posthoc test.
Mean ± SEM values in the same row with same and or single superscript are not statistically significantly different at p>0.05 according to Bonferroni Posthoc test.
Key: SEM=Standard error of mean

Discussion

The route and or dose of administration of biologics are fundamental in the pathodynamics and or recovery rate and pattern of any disease process in an individual [23]. Most inactivated vaccines are usually administered either intramuscularly or subcutaneously [24]; however, very few studies have directly compared the immunogenicity and reactogenicity of the same vaccine administered via these routes. The findings from the present study showed significant differences at day 14 of age for both the intramuscular and subcutaneous routes across all treatment groups. This could be due to the presence of maternally-derived antibodies (MDA) in the groups as samples were collected prior to vaccination with the inactivated AI H5 vaccine. The findings from this study also indicated that after two doses of the AI H5 vaccine inactivated vaccine (primary and booster), there were delayed seroconversions and varied immunogenicity (expressed as antibody levels) in all the chicks when administered via the intramuscular route, irrespective of dose. Some chicks showed high ELISA titre levels, whereas others showed low ELISA titre levels or were even seronegative. Specifically, ELISA titres post-vaccination of individual chicks from hatchery C differed significantly from those of chicks from hatcheries A and B. These variations in seroconversion could be attributed to the high levels of maternally derived antibodies in all the chicks sampled, especially after the primary vaccine dose. Likewise, these differences may have been due to the impacts of environmental factors such as temperature and lighting [25] on individual chick’s immune apparatus in response to the immunogen. These results are consistent with the findings from previous work that reported that the outcomes of field AI H5N1 vaccination were highly variable and farm-related [26]. Our speculations are also in tandem with the reports of other authors that stated that interference by maternally derived antibodies can render inactivated vaccines impotent [27].

Although several studies have shown that more than one vaccination dose is required to induce protective immunity and prevent H5N1 HPAI transmission in ducks and other poultry in field conditions [28-31], the present study showed that although there was delayed seroconversion to the AI H5 vaccine in all the chicks, the mean ELISA antibody titres varied significantly based on the dose of antigen injected intramuscularly. These
variations could be due to the varied level of anamnestic (memory) immune responses in all the chicks as well as the immunogenic potential of the vaccine virus used in the vaccine. Variations in immunogenicity observed in this study after intramuscular injection of the antigen at different dose levels could be due to the quality of the H5 vaccine used as well as the chicks’ antigen processing capabilities. The decreased variability in antibody responses even after booster vaccination that was observed in this study has important implications in terms of the effectiveness of avian influenza vaccination program as immune escape and antigenic drift, as a result of the selective pressure induced by immunization, may be one of the critical reasons behind vaccine failure as previously reported [32,33]. These results suggest that vaccination may actually play a role in driving the evolution of AIVs [32,33], as the vaccinated animals may then act as silent carriers for AIVs, spreading the virus to naive animals through poultry transports or Live Bird Markets [33-36].

Although the chicks from C had higher antibody ELISA titres than chicks from hatcheries A and B when 0.2 ml and 0.5 ml of the AI H5 inactivated vaccine were administered either via the intramuscular or subcutaneous routes respectively (which were more significant at 21 and 28 and 21, 28 and 42 days of age for the 0.2 ml and 0.5 ml doses respectively), findings revealed that the antigen was more immunogenic when administered subcutaneously in comparison to the intramuscular route for chicks from the three commercial hatcheries studied. Likewise, at 21 and 42 days of age, the chicks administered 0.7 ml of the antigen from the different hatcheries via the both routes showed that although there were varied antibody titres between the chicks, the antigen was more immunogenic in the chicks from C than from hatcheries A and B when the antigen was administered subcutaneously. These differences in the immunogenicity of the H5 vaccine injected via the intramuscular and subcutaneous routes could be due to “depot effects” emanating from subcutaneous fat issues in the animals which aid in the slow but prolonged release of vaccines. This possibility is in agreement with the findings from previous studies [37,38].

Also, the observed enhanced immunogenicity via subcutaneous route compared to the intramuscular route in the present study could be attributable to the marked differences in the cellular composition of muscle and dermal tissues that may affect these vaccination outcomes. For instance, the subcutaneous fat beds contain few immune cells; however, they are adjacent to the skin dermal layers, which contain higher numbers of lymphocytes, macrophages, and specialized dermal dendritic cells (DCs) that drain into the local lymph node, whereas muscle tissue contains few immune cells and very low DC numbers [37,38]. These arguments are in tandem with previous studies in murine where it was noted that the DC populations in lymph nodes draining the intramuscular and subcutaneous sites of injections were different, which may lead to altered antigen-specific immune responses [39]. However, little is known regarding the trafficking of cells within the lymphatic vessels that connect the muscle injection site with the local lymph node and whether this may contribute to altered immune responses observed between the routes of administration. Although previous works have shown that subcutaneous injections of adjuvanted inactivated vaccines are associated with increased rates of site reactions compared to the intramuscular vaccinations [40,41], the present study detected very minimal reaction at the site of subcutaneous injection of the antigen (nape of the neck).

Primary and booster vaccinations are immunogenic and could induce antibody responses in ducks at levels that meet the targets of the national mass vaccination program. Results from a recent study in ducks support the notion that compared with the single-dose immunization regimen, the two-dose immunization regimen more intensely induced protective antibody production and, thus, provides better humoral immunity against the HPAI virus [42]. Furthermore, the single-dose vaccination regimen has been shown to be suitable for short-lived meat ducks, whereas two-dose vaccination regimen is suitable for long-lived ducks, as for layers or breeders, to increase their protective humoral immunity and strengthen flock immunity [42]. However, the findings of the present study showed that in spite of booster vaccination, there were significant intra-and inter-route variations in immunogenicity of the H5 vaccine at certain ages of the chicks, even at same and or different antigen dose levels. This variability could be due to the possible differences in immune-competences of chicks within the same hatchery population as well as differences in the lymphatic drainages between the intramuscular and subcutaneous sites of antigen administration. The findings from the current study
also showed that the immunity in the different groups of chicks varied considerably in response to the same and or different dose of antigen administered. These findings further reiterate the possible variable outcomes in field vaccination with H5 AI inactivated vaccines in a population.

**Conclusion**

The present study has shown that the immunity in a population varied considerably in the face of the same and or different dose of H5 vaccine administered, reiterating the variable outcomes in field vaccination with H5 AI inactivated vaccines in a population. Also, the immune response of the chicks to the AI H5 vaccine via different routes in this study was variable at 21 and 35 days of age for the IM and SC routes, respectively. Therefore, further studies should be conducted to characterize the T- and B-lymphocytes in chickens post AI H5 vaccines administration, and studies evaluating sequence homologies between imported AI H5 vaccines and the circulating AIV strains in Nigeria be conducted.

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**Conflict of interest**

The authors declare that there is no conflict of interest, as the Funders had no role nor interfered with the outcome of the research.

**Authors’ contributions**

Woziri OA, Abdu PA, Meseko CA and Fasina FO conceptualized the experiments; Woziri OA, Abdu PA and Adamu J designed the experiments; Woziri OA, Abdu PA, Nasir FI and Abdulkarim K performed the experiments; Woziri OA and Abdu PA analyzed the data; Woziri OA, Abdu PA, Meseko, CA and Fasina FO wrote the manuscript; All authors read and approved the final manuscript.

**Ethical statement**

Ethical approval for this study was obtained from the Animal Care and Use for Research Committee of Ahmadu Bello University, Zaria (Approval number: ABUCAUC/2019/23). The animals and methods for the experiments were handled and conducted in accordance with the International Standards for the Care and Use of Laboratory Animals for Research Purposes.

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